

**The 45th Annual International  
Research Conference of the  
Stress, Trauma, Anxiety, and  
Resilience Society**

*Surviving and Thriving in a Turbulent World*

July 24th - July 26th, 2024

The University of North Carolina at Charlotte



**THE CENTER FOR EDUCATIONAL  
MEASUREMENT AND EVALUATION**

## Conference Theme: Surviving and Thriving in a Turbulent World

The Stress, Trauma, Anxiety, and Resilience Society (STAR Society) is a multidisciplinary, international organization of researchers who share an interest in problems related to stress, trauma, and anxiety, as well as resilience and coping. The Center for Educational Measurement and Evaluation (CEME), our host for this event at UNC Charlotte, is a vibrant and scholarly organization whereby practitioners, policy makers, and our faculty and students can engage in mutually beneficial projects that will lead to evidence-based practice and improved educational outcomes for children and families in our region. Our goal is to connect the expertise of the faculty of the Cato College of Education to schools and related agencies in order to assist educational policy makers and administrators make informed decisions about educational policy.

*Special thanks to the Scientific Committee and Conference Organizing Committee for reviewing proposals and planning for the conference.*

### Committees

#### *Members and Affiliations*

#### STAR Board

President: Nataša Jokić Begić, University of Zagreb, Croatia

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Krzysztof Kaniasty, Indiana University of Pennsylvania & Polish Academy of Sciences

Addison Helsper, Ball State University

Conference Organizing Committee	Rich Lambert, University of North Carolina at Charlotte Chris McCarthy, University of Texas at Austin Lucy Arnold, University of North Carolina at Charlotte Qiao Liu, University of North Carolina at Charlotte Kristen Wright, University of North Carolina at Charlotte Kristin Villanueva, University of North Carolina at Charlotte
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STAR CONFERENCE LOCATIONS AT UNC CHARLOTTE



POPP MARTIN STUDENT UNION (LUNCH & RECEPTION LOCATION)



COLLEGE OF EDUCATION (STAR CONFERENCE LOCATION)



UNC CHARLOTTE TRAIN STATION

## Conference Program Schedule

### *Day 0: Tuesday, July 23, 2024*

6:30 pm - 8:00 pm

**Opening Reception at Popp Martin Student Union (UNC Charlotte)**

### *Day 1: Wednesday, July 24, 2024*

7:30 am - 6:00 pm  
COED Lobby

**Conference On-Site Registration for Attendees**

9:00 am - 9:30 am  
COED 065

**Opening Ceremony**

9:30 am - 10:30 am  
COED 065

**Spielberger Address - Petra Buchwald**

Bergische Universität Wuppertal School of Education  
*Resource Management during Crisis: COVID-19 Pandemic, Ukraine War, Hidden Educational Crisis*  
Introduced by Krzysztof Kaniasty

10:30 am - 11:00 am

**Coffee Break & Posters - COED 007**

11:00 am -12:00 pm

**COED 102 Hybrid Paper Presentation**

Parallel Session 1

Session Chair: Jean-Pierre Neveu

*“Routine Trauma” – Awareness of Combat Trauma in Israeli Women Combatants*

Shir Daphna-Tekoah, Ashkelon Academic College

*National, Professional and Personal Trauma: Massive Trauma and Medical Social-Workers*

Shir Daphna-Tekoah, Ashkelon Academic College  
Lea Bar-El, Ashkelon Academic College  
Talia Magdassi-Brikman, Ashkelon Academic College  
Eitan Lavon, Ashkelon Academic College

*Social inequalities in quality of life after childhood cancer – a longitudinal multicenter study*

Julia Roick, Technical University of Munich

11:00 am -12:00 pm

**COED 165 Hybrid Paper Presentation**

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Parallel Session 1

Session Chair: Alessandra Caldwell

Continued

*Examining the Quality-of-Life Experienced By Family Members Affected by A Loved One's Substance Use Disorder As Related To Personal Losses, Substance Use, Level of Stress, and Perceived Support*

Derrick Johnson, Best Self Psychotherapy

*Emotion Regulation, Social Support, and Psychological Well-being: Test of a Comprehensive Moderator Model*

Qianyi Wang, Georgia State University  
Kenneth G. Rice, Georgia State University

*ImPerfect Fits: The Linear vs Nonlinear Relationships Between Perfectionistic Dimensions and Well-Being*

Addison Helsper, Ball State University  
Hannah Faiman, University of South Dakota  
João Antunes, University of Algarve

**COED 166 Paper Presentation**

Session Chair: Annette Ullrich    Discussant: Chuang Wang

*Test Preparation and Test Taking Strategy Tendencies for Learners with Cognitive Test Anxiety*

Jerrell Cassady, Ball State University  
Bryn Edwards, Ball State University  
Ryan King, Ball State University

*Examining Teacher Candidate Attrition: Insights, Challenges, and Mental Health Strategies in Educator Preparation Programs*

Scott Holcomb, Duke University  
Lorrie Schmid, Duke University  
Adrian Brown, Duke University

**COED 168 Online Paper Presentation**

Session Chair: Yan Dai

*Cross-Cultural Challenges in Measuring Resilience: Psychometric Evaluation of the Resilience Evaluation Scale (RES) Across Diverse Populations*

Yan Dai, Auburn University  
Jill Salisbury-glennon, Auburn University

*Building Resilience to Hate in Classrooms with Transformative Learning: Innovation in Practice and Pedagogy to Prevent Extremism and Violence in U.S. Schools*

Vikramaditya Joshi, Columbia University  
Amra Sabic-El-Rayess, Columbia University  
Timon Hruschka, University of Würzburg

*Teacher Burnout and Resilience: A Case Study of Elementary Teachers*

Jay Feng, Mercer University

12:00 pm - 1:00 pm

Parallel Session 2

**COED 102 Paper Presentation**

Session Chair: Kandice Brooks

*Workshop: The Benefits of Trauma-Informed Teaching for Students with Emotional and Behavioral Disorders*

Kandice Brooks, Shaker Heights City Schools &amp; Walden University

**COED 165 Paper Presentation**

Session Chair: Heather Edelblute

*Anxiety, environmental and appearance-based rejection sensitivity in Body Dysmorphic Disorder*Nataša Jokić-Begić, University of Zagreb  
Tina Tadić, University of Zagreb Jelena  
Zadro, Catholic University of Croatia*Healthcare Disparities in the Latino Community: A self-report Survey Study on Maryland CASA Members*

Luis Garcia Abundis, CUA Suicide Prevention Lab

*Perceptions of the medical consultation and capacities to make treatment decisions in patients with advanced cancer – The Onco:vide Project*

Julia Roick, Technical University of Munich

**COED 166 Hybrid Paper Presentation**

Session Chair: Andrea Schwanzer

*Interpersonal Racism and Child Neglect: A Moderated Mediation Model of Psychological Distress and Social Support*Heba Zedan, Minerva Center for Human Rights in the  
Hebrew University of Jerusalem*The Moderating Role of Emotional Clarity in the Effect of Need for Approval on Anxiety in Youth*

Di Yao, University of Illinois at Urbana-Champaign

*Psychological factors contributing to positive reactions of bystanders in situations of cyberbullying on social media. Systematic review and meta-analysis of studies conducted among adolescents*Malgorzata Sobol, University of Warsaw  
Aneta Przepiórka, Catholic University of Lublin  
Agata Błachnio, Catholic University of Lublin

12:00 pm - 1:00 pm

**COED 168 Online Paper Presentation**

Parallel Session 2

Session Chair: Ester Câmara

Continued

*The search for meaning in tourism: A journey through motivations, well-being, emotional intensity, and loyalty*

Ester Câmara, University of Algarve  
Saúl Neves de Jesus, University of Algarve  
Margarida Pocinho, University of Madeira  
Dora Agapito, University of Algarve

*What can contribute to the search for well-being? Exploring the influence of mindfulness, spirituality, motivation and memorable experiences during vacations*

Vivien Iacob, Universidade do Algarve  
Saúl Neves de Jesus, Universidade do Algarve  
Soraia Garcês, Universidade da Madeira  
Cláudia Carmo, Universidade do Algarve

*Investigating the Role of Automatic Negative Thoughts and Self-Care Strategies on Self-Concept*

Aslıhan Cingirit, TED UNIVERSITY  
Gizem Gökçe Coşkun, TED UNIVERSITY

**COED 065 Online Paper Presentation**

Session Chair: Qiao Liu

*Resilience and suicidal risk: A CBT and neuropsychological intervention*

César Alejandro Pliego-Rosas, UNAM

*A suicide prevention workshop for adolescents at risk during the COVID-19 lockdown*

Alejandro Villaverde Viayra, UNAM

*Exploring Educational Use of Generative AI for Essay Assignments*

Yuejin Xu, Murray State University

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1:00 pm - 2:00 pm

**Lunch at Popp Martin Student Union - Social 704 Dining on Craver**  
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2:00 pm - 3:15 pm  
COED 065

**Keynote Speaker - Laura Bakosh**

*Prevention Takes 10 Minutes a Day*  
Introduced by Rebecca Shore

*Followed by a demonstration of the Inner Explorer system  
by Fard Morales*

3:15 pm - 3:45 pm

**Coffee Break**

3:45 pm - 5:00 pm

**COED 102 Paper Presentation**

Parallel Sessions 3

Session Chair: Richard Lambert

*Understanding teacher stress from a psychological and physiological perspective*

Chris McCarthy, UT Austin  
Richard Lambert, UNC Charlotte  
Cynthia Wiltshire, UT El Paso  
Caroline Weppner, UT Austin  
Will Glynn, UT Austin  
Camryn Trevino, UT Austin  
Trisha Miller, UT Austin  
Teresa Tian, UT Austin

*Harmony or dissonance? Examining the concordance between subjective and objective stress responses*

Aminata Diop, Université de Montréal

*Do 'Low Copers' Exist? Empirically? Yes. Theoretically? No.*

Addison Helsper, Ball State University

**COED 165 Paper Presentation**

Session Chair: Jason Lynch

*Exploring Student Success within the Context of Collective Community  
Trauma in K-12 Education*

Jason Lynch, Appalachian State University  
Kesha Hood, Scotland County Schools

3:45 pm - 5:00 pm

Parallel Sessions 3

Continued

*Self-regulated learning in medical students: The interplay of self-efficacy, test anxiety and learning strategies*

Christian Heckel, Merseburg University of Applied Sciences

*Documenting the Rising Academic Anxiety and Life Stressors in University Students*

Jerrell Cassady, Ball State University  
Mia Irvin, Ball State University  
Allison Southworth, Ball State University  
Robi Ullah, Ball State University

### **COED 166 Paper Presentation**

Session Chair: Anita Lauri Korajlija

*Posttraumatic Symptoms and War-Related Concerns Among Israeli Pregnant Women Following October 7: The Role of Personal Resources*

Lia Ring, Bar Ilan University & Ashkelon Academic College  
Elad Mijalevich-Soker, Bar Ilan University  
Orit Taubman-Ben-Ari, Bar Ilan University

*Circadian rhythm and sleep disruptions during pregnancy in relation to postpartum depression symptoms*

Malgorzata Sobol, University of Warsaw  
Agata Blachnio, John Paul II Catholic University of Lublin  
Aneta Przepiórka, John Paul II Catholic University of Lublin  
Inna Hryhorchuk, Żywiec Hospital  
Elżbieta Plucińska, Żywiec Hospital  
Paulina Szczepaniak, Żywiec Hospital  
Jan Kwapiński, Lublin University of Technology  
Konrad S. Jankowski, University of Warsaw

### **COED 168 Paper Presentation**

Session Chair: Krzysztof Kaniasty

*Hopes and concerns about the post-COVID-19 pandemic future*

Krzysztof Kaniasty, Indiana University of Pennsylvania & Polish Academy of Sciences  
Brian Hughes, University of Galway  
Katarzyna Hamer, Polish Academy of Sciences  
Marta Boczkowska, Polish Academy of Sciences & SWPS University  
Beata Urbańska, Polish Academy of Sciences & SWPS University  
Maria Baran, SWPS University

*Impacts of COVID-19 on children's posttraumatic stress: Exploring the influence of caregiver depression*

Laura Boylan, Virginia Commonwealth University

3:45 pm - 5:00 pm

Parallel Sessions 3

Continued

*Impact of the COVID-19 Pandemic on Perceived Stress and Functioning:  
A Community Clinic Study*

Dania Fakhro, University of North Carolina at Charlotte  
Kelian Nier, University of North Carolina at Charlotte  
Sarah Mendoza, Montana State University

**COED 065 Paper Presentation**

Session Chair: Todd Allen

*Traumatic Stress, Active Engagement and Resilience in First Responders in  
the Outbreak of War*

Yoav S. Bergman, Ashkelon college

*Relationships of Alexithymia, Experiential Avoidance, and a Computer-based  
Avoidance Assessment*

Todd Allen, University of Northern Colorado

*Validation of the Awareness Atlas – A new Measure of the  
Manifestation of Consciousness*

Yuane Jia, Rutgers University  
Margaret Schenkman, University of Colorado  
Hester O Connor, Heartfulness Institute India  
Krishnmurthy Jayanna, Ramaiah University of Applied Sciences  
Rosalind Pearmain, Minster Centre of London  
Annelies Van't Westeinde, Karolinska Institutet of Sweden

5:00 pm - 7:00 pm

**Reception at Popp Martin Student Union, light refreshments**

5: 30 pm - 6:30 pm

**Scott Griffin - Piano Selections from Gershwin's Porgy and Bess**

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**Dinner on own - Check resturant suggestions in the back of the program**  
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**Day 2: Thursday, July 25, 2024**

8:00 am - 6:00 pm  
COED Lobby

**Conference On-Site Registration for Attendees**

9:00 am - 10:15 am  
COED 065

**Keynote Speaker - Rich Tedeschi**

Boulder Crest Institute for Posttraumatic Growth  
*Understanding and Facilitating Posttraumatic Growth: The Boulder Crest Model*  
Introduced by Richard Lambert

10:15 am - 10:45 am

**Coffee Break & Posters - COED 007**

10:45 am -12:00 pm

**COED 102 Paper Presentation**

Parallel Session 4

Session Chair: Kristen Wright

*Metaphors of trauma: The first mental breakdown from the families' perspective*

Eli Buchbinder, University of Haifa Israel

*Post-Traumatic Stress Disorder in Women survivors of Domestic Violence*

Anita Lauri Korajlija, University of Zagreb  
Kristina Kulic, Autonomous women's house Zagreb

*Grandparenthood during the 'Swords of Iron' War*

Lia Ring, Bar Ilan University & Ashkelon Academic College  
Orit Taubman – Ben-Ari, Bar-Ilan University

**COED 165 Paper Presentation**

Session Chair: Annette Ullrich

*Towards understanding Transcendent Resource Allocation (TRA): Exploring self care exercises as a preventive coping resource in social work students*

Annette Ullrich, Baden-Württemberg Cooperative State University  
Patience Kawamala, St Augustine University of Tanzania

*Promoting Student Wellbeing: The Effects of a Stress Management Course. Individual presentation abstract*

Qianyi Wang, Georgia State University  
Kenneth Rice, Georgia State University  
Daniel Hong, Georgia State University

*Large sample validation of the Sisu Scale*

Pentti Henttonen, University of Helsinki  
Ilmari Määttänen, University of Helsinki

10:45 am -12:00 pm

Parallel Session 4

Continued

**COED 166 Symposium***The Needs of the Many: Generating Varied and Rich Data through Building and Nurturing a Strong Research-Practice Partnership in Education*

Session Chair: Chris McCarthy

*Tracking Teacher Stress During the Pandemic*

Caroline Weppner, UT Austin

Chris McCarthy, UT Austin

Richard Lambert, University of North Carolina at Charlotte

*Double-Edged Sword: The Promise and Peril of Principal Relationships after COVID*

Jamie Kudrats, University of North Carolina at Charlotte

William Glynn, UT Austin

Camryn Trevino, UT Austin

*Tracking School Climate Longitudinally within an RPP*

Richard Lambert, University of North Carolina at Charlotte

*Physiological and Psychological Stress: Fully measuring teacher well-being*

Cindy Wiltshire, UT El Paso

**COED 168 Online Symposium***Different perspectives on the immediate outcomes of the Israel-Hamas War*

Session Chairs: Yuval Palgi and Lee Greenblatt-Kimron

*The Role of Subjective Traumatic Outlook in the 2023 Israel-Hamas War: Capturing a Broader Picture of Posttraumatic Reactions*

Yuval Palgi, The University of Haifa

*The mediating role of loneliness in the association between exposure to terror and psychological distress in older adults*

Yifat Faran, Ashkelon Academic College

Yoav S. Bergman, Ashkelon Academic College

Eyal Klonover, Ashkelon Academic College

*Shadows of the Holocaust: Descendants of Holocaust Survivors Facing Current Stress*

Lee Greenblatt-Kimron, Ariel University

*Primary Emotional Support – A novel initiative to promote the accessibility of mental health services in times of national crises*

Boaz Ben David, Reichman University

10:45 am -12:00 pm

**COED 038 Online Paper Presentation**

Parallel Session 4

Session Chair: Kimberly Kneller

Continued

*A Qualitative Analysis of Eye Movement Desensitization and Reprocessing (EMDR) Experiences for Trauma*Ayşe Selin Zorlu, Istanbul Ibn Haldun University  
Burcu Uysal, Istanbul Ibn Haldun University*Applicability of Group Rational Emotive Behavior Therapy (REBT) in Reducing Competitive Anxiety in Sport*László Tóth, Hungarian University of Sports Science  
Martin J. Turner, Manchester Metropolitan University  
Joe Mannion, Pepperdine University, Los Angeles  
Renátó Tóth, Hungarian University of Sports Science*Transcending the limits of our ordinary strength: Validation of the Sisu Scale on a sample of Spanish population*Marta Velázquez Gil, Complutense University of Madrid  
Jesús Alvarado Izquierdo, Complutense University of Madrid  
Pentti Henttonen, University of Helsinki  
Ilmari Määttänen, University of Helsinki*Not another self-care presentation*

Kimberly Kneller, Kutztown University

**COED 065 Hybrid Spanish Paper Sessions**

Session Chair: Leonardo Herrera Mosquera

*Analysis of Primary, Secondary, and Tertiary Risk Factors in Patients with Suicidal Ideation Due to Stress and Anxiety During the Period 2019-2021*

Lina Velásquez, Clinical Psychology Office

*Testing an intervention for caregivers in order to promote functional coping in their children from 5 to 6 years of age*María Teresa Monjarás Rodríguez, Facultad de Psicología UNAM  
Emilia Lucio Gómez Maqueo, Facultad de Psicología UNAM  
Edith Romero Godínez, Facultad de Psicología UNAM  
Consuelo Durán Patiño, Facultad de Psicología UNAM*Emotional Regulation Promotion Through Ecosystemic Play Therapy*Gabriela Vázquez Flores, Universidad Nacional Autónoma de México  
Emilia Lucio Gomez, Universidad Nacional Autónoma de México

12:00 pm - 1:00 pm  
COED 065

**Presidential Address - Nataša Jokić-Begić**

University of Zagreb  
*Psychologists' Mental Health: An Inside Out Perspective*  
Introduced by Paulina Landgrave

1:00 pm - 2:00 pm

**Lunch at Pops Martin Student Union - Social 704 Dining on Craver**

2:00 pm - 3:00 pm

**COED 102 Paper Presentation**

Parallel Session 5

Session Chair: Scott Holcomb

*Evidence to Support the Resource to Appraisal-Mediated Outcomes (RAMO) Model as Applied to Occupational Stress in Teachers*

Kristen Mosley, Austin Independent School District  
Christopher McCarthy, University of Texas at Austin  
Richard Lambert, UNC Charlotte  
Alessandra Caldwell, UNC Charlotte

*Exploring the Intersection of Teacher Stress and Career Decisions*

Scott Holcomb, Duke University  
Lorrie Schmid, Duke University  
Adrian Brown, Duke University

*The SIX Cs model for Psychological First Aid: Empirical Evaluation*

Moshe Farchi, Tel-Hai Academic College  
Yori Gidron, Haifa University

**COED 165 Hybrid Paper Presentation**

Session Chair: Paulina Landgrave

*Hospitalization Experiences During the COVID-19 Pandemic: A Qualitative study*

Anita Lauri Korajlija, University of Zagreb  
Nataša Jokić-Begić, University of Zagreb  
Tanja Jurin, University of Zagreb  
Matea Sostarić, University of Zagreb  
Drazen Begić, University of Zagreb

*Double-Edged Sword: The Promise and Peril of Principal Relationship after COVID*

Jamie Kudrats, University of North Carolina at Charlotte  
William Glynn, University of Texas at Austin  
Camryn Trevino, University of Texas at Austin

*A 90-Day Virtual Heartfulness Meditation Program in Healthcare Students: A Mixed Methods Study*

Robyn Gisbert, University of Colorado School of Medicine

2:00 pm - 3:00 pm

**COED 166 Hybrid Paper Presentation**

Parallel Session 5

Session Chair: Annette Ullrich

Continued

*Sophia's Song*

Sydney Carroll, UNC Charlotte

*Who Can I Run To? A Mixed Methods Examination of Stress and Occupational Burnout Experienced by High-Achieving Black Women in Higher Education*Joy Davis, UNC Charlotte  
Sydney Carroll, UNC Charlotte*Pathways Linking Microaggression to Intimate Partner Violence Perpetration: The Role of Threat, Psychological Distress, and Gender*Heba Zedan, Minerva Center for Human Rights in the  
Hebrew University of Jerusalem**COED 168 Online Spanish Symposium**

Session Chair: Coty Aserin

*Resilience and Well-being in a VUCA+H World*Coty Aserin, The Mental Wellness Society International and ResWell  
VUCA+HAna Isabel Jacome Rosenfeld, Universidad Internacional UISEK  
Annunziata Di Lecce, ASNOR

Isabela Almeida Ramos, Catholic University of Brasília

**COED 038 Online Paper Presentation**

Session Chair: Yaira Hamama-Raz

*Experience of Miscarriage Versus Stillbirth: Differences in Fear of Childbirth, Adjustment Disorder, and Optimism*

Yaira Hamama-Raz, Ariel University

*A Quantitative Investigation of Honeymoon Phase Representations of Kabramanmaraş Earthquake in Mainstream Turkish Newspapers*Begum Serim-Yildiz, TED University  
Rumeysa Alınak, TED University  
Elif Torun, TED University*Personal Factors Affecting Posttraumatic Growth: A Systematic Review*Elif Akyüz, Ibn Haldun University  
Burcu Uysal, Ibn Haldun University

3:00 pm - 3:30 pm

**Coffee Break & Posters - COED 007**

3:30 pm - 4:30 pm

**COED 102 Paper Presentation**

Parallel Sessions 6

Session Chair: Dania Fakhro

*Examining the Relationship Between Teacher Coaching Practices and Teacher Retention*

Kyle Cox, UNC Charlotte  
 Anne Cash, UNC Charlotte  
 Marah Lambert, UNC Charlotte  
 Jada Deiderich, UNC Charlotte  
 Elizabeth Hodge, East Carolina University  
 James Birkett, North Carolina State University  
 Erin Huggins, North Carolina State University

*Creating Trauma-informed/Resilient Systems and Communities: Findings from the 5-year ReCAST Mecklenburg Project Evaluation*

Shanti Kulkarni, UNC Charlotte  
 Marie White, UNC Charlotte  
 Tianca Crocker, UNC Charlotte

*Comparing Psychological Profiles of Teachers Remaining in or Leaving Education*

Alessandra Caldwell, UNC Charlotte  
 Richard Lambert, UNC Charlotte  
 Christopher McCarthy, University of Texas at Austin  
 Kristen Mosley, Austin Independent School District

**COED 165 Hybrid Paper Presentation**

Session Chair: Krzysztof Kaniasty

*The role of past stressful experiences in predicting coping self-efficacy with future life crises*

Krzysztof Kaniasty, Indiana University of Pennsylvania & Polish  
 Academy of Sciences  
 Erik van der Meulen, NHL Stenden University of Applied Sciences  
 Charles C. Benight, University of Colorado Colorado Springs

*Adverse and Benevolent Childhood Experiences among Adults in the United Kingdom: A Latent Class Analysis*

Shannon Cain, University of North Carolina at Charlotte  
 Abigail Post, University of North Carolina at Charlotte

*Exploring the interrelationships among trauma, religions/spiritual struggles, and substance use among emerging and young adults*

Carolyn Bazan, Mental Health Association in New Jersey  
 Yuane Jia, Rutgers University  
 Weli Lu, Rutgers University

3:30 pm - 4:30 pm

Parallel Sessions 6

Continued

**COED 166 Symposium***Coping with Stress and Trauma: Arts- and Mindfulness-based Approaches and the Role of Emotional Resilience*

Session Chair: Heather Edelblute

Intervention and Prevention through Mindfulness and the Arts: A Practitioner Reflects

Donald McCown, West Chester University

Trauma Stories: Creating Narratives with Urban Youth

Meagan Corrado, West Chester University

Emotional resilience and mental health in African immigrant students: Findings from the Health Minds Network

Heather Edelblute, West Chester University

Zeinab Baba, CPH

Rebecca Rich, West Chester University

Whitney Katirai, MPH

**COED 168 Online Symposium***Mindfulness and emotional stressors, where and when*

Session Chair: Ephraim Grossman

The Direction of the Association between Subjective-age and Ageism among Older Adults is Moderated by a Mindfulness Intervention

Yaakov SG Hoffman, Bar Ilan University

Learning Disabilities and Learning-Based Stress Symptoms Dispositional Mindfulness can make a difference

Nimrod Polak, Ariel University

What does Mindfulness tell us about Difficulties encountered due to Learning Disabilities?

Nava Ben-Zvi, Hebrew University of Jerusalem

Mindfulness sensitivity. May some individuals benefit less from mindfulness training?

Ephraim Grossman, Ariel University

3:30 pm - 4:30 pm

**COED 065 Online Paper Presentation**

Parallel Sessions 6

Session Chair: Liat Hamama

Continued

*Adolescent Siblings of Children With Cancer: Resources-Based Profiles, Normalization, and Search for Meaning in Life*

Liat Hamama, Tel Aviv University

*Association between coping and emotion regulation in adolescent-parent dyads*

Raquel Rodríguez-Alcántara, UNAM

Blanca Estela Barcelata-Eguiarte, UNAM

Emilia Lucio Gómez-Maqueo, UNAM

*The contribution of emotion regulation on productive and non-productive coping in parents of adolescents in psychosocial risk*

Blanca Estela Barcelata-Eguiarte, UNAM

Raquel Rodríguez-Alcántara, UNAM

6:00 pm

**Dinner in Uptown Charlotte**

**Meet at BlueLine Train Station next to the Marriott**

6:30 pm - 8:30 pm

**Brewers at 4001 Yancey**

**American Folk Music By Mark Dillon & Friends**

*Day 3: Friday, July 26, 2024*

8:00 am - 12:00 pm  
COED Lobby

**Conference On-Site Registration for Attendees**

9:00 am -10:00 am

**COED 102 Hybrid Paper Presentation**

Parallel Session 7

Session Chair: Cynthia Wiltshire

*Fear of failure in extreme work environment: A multilevel perspective*

Jean-Pierre Neveu, Université de Pau & des Pays de l'Adour  
Saeed Ullah Khan, Université de Pau & des Pays de l'Adour

*Moral Injury, Trauma and recovery Support in the Aviation Industry: A Case Study*

Mike Rennie, Kenyon Emergency Services

*Does sisu predict managerial well-being and work performance?*

Ilmari Määttänen, University of Helsinki  
Aino Torkkeli, University of Helsinki  
Unni Javanainen, University of Helsinki  
Pentti Henttonen, University of Helsinki

**COED 165 Paper Presentation**

Session Chair: Addison Helsper

*Collaborative work for suicide prevention in Mexico: first approach to the use of CAMS framework in mental health professionals*

Paulina Arenas-Landgrave, UNAM  
Marco Antonio Rodríguez Galicia, UNAM  
Angélica Juárez Loya, UNAM

*Refining Suicide Risk Assessment: Applying Latent Class Analysis to the SBQ-R for Enhanced Insight into Self-Reported Behaviors*

Addison Helsper, Ball State University  
Hannah Faiman, University of South  
Dakota João Antunes, University of Algarve  
Allison Southworth, Ball State University

*An Analysis of the Impact of the Inner Explorer Mindfulness Program on the Academic Growth of Elementary Students*

Ricky Dunlap, UNC Charlotte  
Walter Hart, UNC Charlotte  
Rebecca Shore, UNC Charlotte

9:00 am -10:00 am

**COED 166 Online Paper Presentation**

Parallel Session 7

Session Chair: Anat Shalev

Continued

*The Inter and Intra personal Effects of Trauma on Undergraduate Students*

Ashley Costello, Virginia Tech

*Stress Management Interventions for University Students in Low-and-Middle-Income Countries: A Systematic Review and Meta-Analysis*

Dilfa Juniar, Vrije Universiteit Amsterdam

*The Illness is a Bomb that Shattered Our Home : Severe Mental Illness and Post-Traumatic Implications for the Entire Family*

Anat Shalev, Ashkelon Academic College

*Two generations of motherhood in kibbutzim near the stressful Gaza border*

Bilha Paryente, Achva Academic College

10:00 am - 10:30 am

**Coffee Break & Posters - COED 007**

10:00 am - 11:30 am

**COED 065 Plenary Online Symposium**

Session Chair: Abraham-Gerard Meyer

*Resilience and Well-being in a VUCA+H World*

Robert Lebovits, The Mental Wellness Society International

Abraham-Gerard Meyer, The Mental Wellness Society  
International & ResWe VUCA+H*The Neuroscience of Resilience*

Gerry Leisman, The Mental Wellness Society &amp; Haifa University

*Resilience and Positive Parenting During Crisis*Salome Dumbadze, The Mental Wellness Society & Georgian  
Institute of Public Affairs*Pioneering work in implementing Mindful Young Mind Social-Emotional Resilience  
Curriculums for children aged 6 to 9 and 10 to 1*

Giulia Lozza Petrucci, The Dragon's Den

10:30 am -11:30 am

**Optional Professional Development Sessions**

Graduate Student Support Session COED 102

National Representative Meeting COED 165

11:30 am - 12:00 pm  
COED 065

**Closing Ceremony**

12:00 pm - 1:30 pm

**Box Lunch at the Old Faculty Dining Room in the  
Prospector Building**

**Tour of McMillan Greenhouses and Van Landingham  
Botanical Gardens**

### Poster Sessions

Poster presenters are invited to set up their posters in the designated area. During breaks, presenters will have the opportunity to introduce their studies and engage in discussions with conference attendees.

Detailed information about the poster presentations can be found below.

1. *Medical social workers on October 7th*

Hagar Binoun Chaki, Ashkelon academic colleague & Soroka medical center

2. *Manage the trauma*

Hagar Binoun Chaki, Ashkelon academic colleague & Soroka medical center

Shira Birenstock-Cohen, Soroka medical center

Sahar Anavi-Ohayon, Soroka medical center

Jacob Dreihier, Soroka medical center

3. *Healthcare Disparities in the Latino Community*

Luis Garcia Abundis, CUA Suicide Prevention Lab

4. *Fear responses in relation to COVID-19 in Japan: Gender and regional differences*

Toshihiko Sato, Edogawa University

Hideo Ambo, Tohoku University

5. *Death Anxiety and Traumatic Symptoms during the Iron Swords War: The Mediating Role of Loneliness*

Rotem Saar-Ashkenazy, Ashkelon Academic College

## **Zoom Information for Online Sessions**

Our UNCC graduate students will be serving as hosts in the physical rooms as well as running the Zoom sessions. Each room has one Zoom link that runs from 8AM on Wednesday to 12 PM on Friday.

### **Kristin Villanueva - STAR038 (For all sessions in COED 038)**

Join Zoom Meeting

[https://charlotte-edu.zoom.us/j/99498335535?](https://charlotte-edu.zoom.us/j/99498335535?pwd=NykIBLgV7tCLf7HE9akzKca5uAUtKR.1)  
[pwd=NykIBLgV7tCLf7HE9akzKca5uAUtKR.1](https://charlotte-edu.zoom.us/j/99498335535?pwd=NykIBLgV7tCLf7HE9akzKca5uAUtKR.1)

### **Leonardo Herrera - STAR065 (For all sessions in COED 065)**

Join Zoom Meeting

[https://charlotte-edu.zoom.us/j/96667096744?](https://charlotte-edu.zoom.us/j/96667096744?pwd=Vovap5bQEDzzrvf6zDnMaxQlq0Asuu.1)  
[pwd=Vovap5bQEDzzrvf6zDnMaxQlq0Asuu.1](https://charlotte-edu.zoom.us/j/96667096744?pwd=Vovap5bQEDzzrvf6zDnMaxQlq0Asuu.1)

### **Kristen Wright - STAR102 (For all sessions in COED 102)**

Join Zoom Meeting

[https://charlotte-edu.zoom.us/j/96358276401?](https://charlotte-edu.zoom.us/j/96358276401?pwd=0Li7nxWyWb2bfDU7aN2wm7sZG3bibn.1)  
[pwd=0Li7nxWyWb2bfDU7aN2wm7sZG3bibn.1](https://charlotte-edu.zoom.us/j/96358276401?pwd=0Li7nxWyWb2bfDU7aN2wm7sZG3bibn.1)

### **Alessandra Caldwell - STAR165 (For all sessions in COED 165)**

[https://charlotte-edu.zoom.us/j/97592347333?](https://charlotte-edu.zoom.us/j/97592347333?pwd=nEz7MVuHt01vFNtDwwto5tR8of8t9R.1)  
[pwd=nEz7MVuHt01vFNtDwwto5tR8of8t9R.1](https://charlotte-edu.zoom.us/j/97592347333?pwd=nEz7MVuHt01vFNtDwwto5tR8of8t9R.1)

### **Qiao Liu - STAR166 (For all sessions in COED 166)**

Join Zoom Meeting

[https://charlotte-edu.zoom.us/j/95768402852?](https://charlotte-edu.zoom.us/j/95768402852?pwd=6xt7g4pQzblSdBbP8cRYd70wMhGTt.1)  
[pwd=6xt7g4pQzblSdBbP8cRYd70wMhGTt.1](https://charlotte-edu.zoom.us/j/95768402852?pwd=6xt7g4pQzblSdBbP8cRYd70wMhGTt.1)

### **Ela Ziv - STAR168 (For all sessions in COED 168)**

[https://charlotte-edu.zoom.us/j/93960457730?](https://charlotte-edu.zoom.us/j/93960457730?pwd=4c42W4ObrBHvM4dglF3OEpPvg7wqdg.1)  
[pwd=4c42W4ObrBHvM4dglF3OEpPvg7wqdg.1](https://charlotte-edu.zoom.us/j/93960457730?pwd=4c42W4ObrBHvM4dglF3OEpPvg7wqdg.1)

## **Helpful Information**

### **Campus WIFI - NinerWiFi-Guest**

What is NinerWiFi-Guest and how do I connect to it?

1. NinerWiFi-Guest provides wireless access for guests of UNC Charlotte.
2. To connect to NinerWiFi-Guest, follow these steps:
  - a. Select the NinerWiFi-Guest network to connect to.
  - b. Open a browser and enter a URL; this should take you to the log in page.
  - c. Click on Guest.

### **Important Contact List:**

Conference Contacts: 803-517-7343 (Rich Lambert)

Campus Police (emergency): 704-687-2200

Campus Police (non-emergency): 704-687-8300

OneIT (Tech Support): 704-687-5500

### **Presenter Login Information for Every Scheduled Session:**

Login ID: Presenter

Password: Presents

# UNC Charlotte Campus Map

Access the  
Interactive  
Campus Map

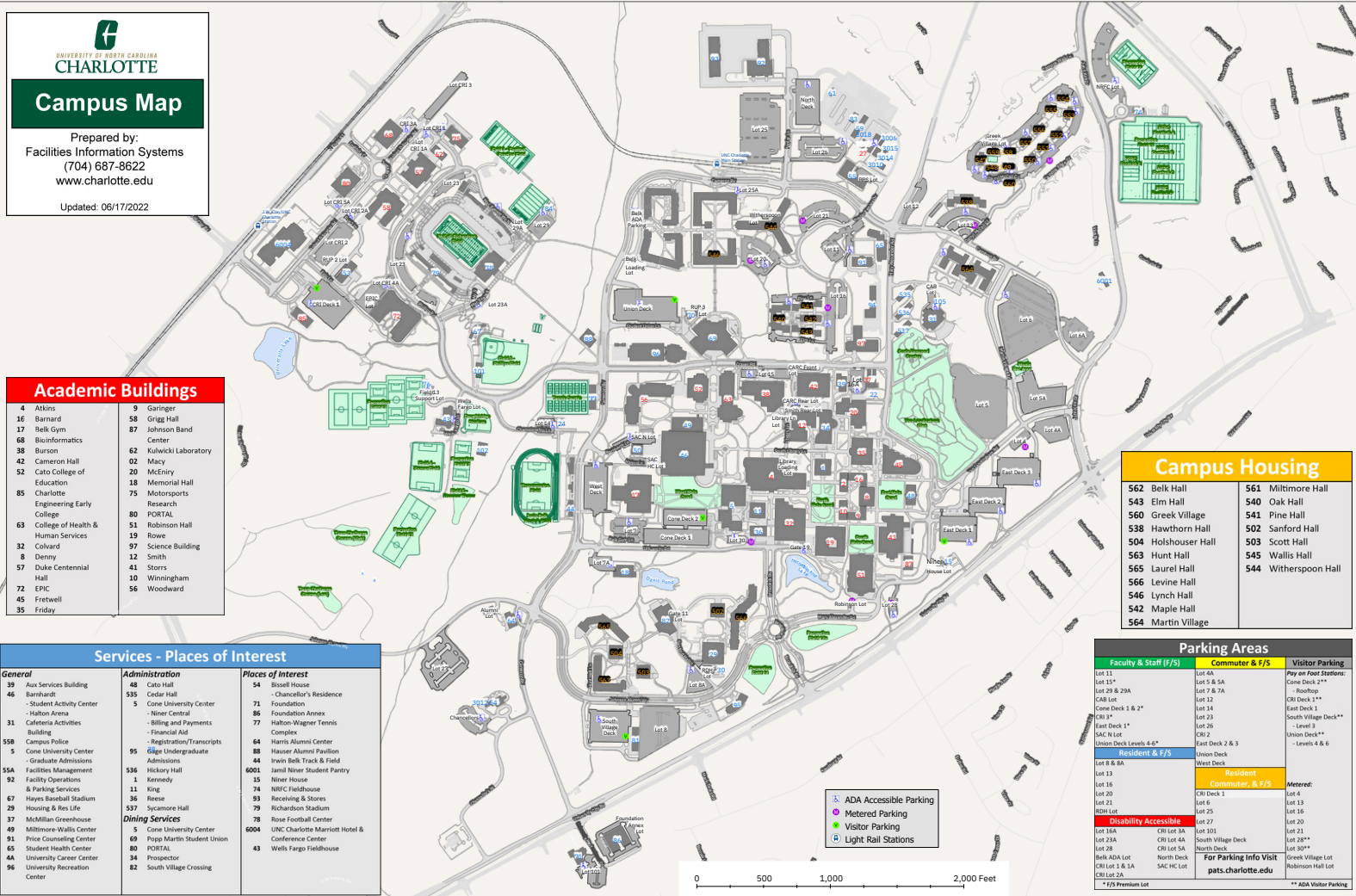


maps.charlotte.edu

**Campus Map**

Prepared by:  
Facilities Information Systems  
(704) 687-8622  
www.charlotte.edu

Updated: 06/17/2022

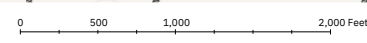


Academic Buildings	
4 Atkins	9 Garinger
16 Barnard	58 Grigg Hall
17 Belk Gym	87 Johnson Band Center
68 Bioinformatics	62 Kulevski Laboratory
38 Blunson	20 Macy
42 Cameron Hall	02 McEniry
52 Cato College of Education	18 Memorial Hall
85 Charlotte Motorsports Research	75 Porter
Engineering Early College	80 PORTAL
63 College of Health & Human Services	51 Robinson Hall
32 Colvard	19 Rowe
8 Denny	97 Science Building
57 Duke Centennial Hall	12 Smith
72 EPIC	41 Storr
45 Fretwell	10 Winningham
35 Friday	56 Woodward

Campus Housing	
562 Belk Hall	561 Millmore Hall
543 Elm Hall	540 Oak Hall
538 Hawthorn Hall	541 Pine Hall
504 Holshouser Hall	502 Sanford Hall
565 Hunt Hall	503 Scott Hall
566 Levine Hall	545 Wallis Hall
546 Lynch Hall	544 Witherspoon Hall
542 Maple Hall	
564 Martin Village	

Services - Places of Interest		
<b>General</b>	<b>Administration</b>	<b>Places of Interest</b>
29 Ass. Services Building	48 Cato Hall	54 Brwell House
46 Barnhardt	5 Core University Center	- Chancellor's Residence
- Student Activity Center	- Billing and Payments	71 Foundation
- Nabors Arena	- Financial Aid	86 Foundation Annex
31 Cafeteria Activities Building	- Registrations/Transcripts	77 Halton-Wagner Tennis Complex
55B Campus Police	95 Glge Undergraduate Admissions	64 Harris Alumni Center
5 Core University Center	536 Hickory Hall	88 Hauser Alumni Pavilion
- Graduate Admissions	1 Kennedy	44 Irwin Belk Track & Field
55A Facilities Management	11 King	Jamii Niner Student Pantry
& Parking Services	36 Rene	15 Niner House
29 Hayes Baseball Stadium	537 Spcamore Hall	74 NRFC Fieldhouse
Housing & Res Life	79 Richardson Stadium	93 Receiving & Stores
37 McMillan Greenhouse	78 Rose Football Center	79 Richardson Stadium
49 Millmore-Wallis Center	5 Core University Center	6004 UNC Charlotte Marriott Hotel & Conference Center
91 Plice Counseling Center	69 Popp Martin Student Union	43 Wells Fargo Fieldhouse
65 Student Health Center	80 POSTAL	
44 University Career Center	34 Prospector	
96 University Recreation Center	82 South Village Crossing	

Parking Areas		
<b>Faculty &amp; Staff (F/S)</b>	<b>Commuter &amp; F/S</b>	<b>Visitor Parking</b>
Lot 11	Lot 6A	Pay on Foot Stations:
Lot 15*	Lot 5, 6, 5A	- Cone Deck 2**
Lot 29 & 29A	Lot 7 & 7A	- Rooftop
SMB Lot	Lot 12	- CRI Deck 1**
Cone Deck 1 & 2*	Lot 14	- East Deck 1
CRI 3*	Lot 23	- South Village Deck**
East Deck 1*	Lot 26	- Level 3
SAC N Lot	CRI 2	- Union Deck**
Union Deck Levels 4-6*	East Deck 2 & 3	- Levels 4 & 6
<b>Resident &amp; F/S</b>	<b>Resident Commuter, &amp; F/S</b>	<b>Metered</b>
Lot 8 & 8A	Union Deck	Lot 4
Lot 13	West Deck	Lot 33
Lot 16		Lot 36
Lot 20		Lot 39
Lot 25		Lot 21
West Deck		Lot 28**
<b>Disability Accessible</b>		Lot 29**
Lot 18A		Lot 21
CRI Lot 3A		Lot 28**
Lot 23A		Lot 29**
CRI Lot 4A		Lot 30**
Lot 28		Lot 31**
Belk ADA Lot		Lot 32**
CRI Lot 3 & 3A		Lot 33**
CRI Lot 2A		Lot 34**
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		Lot 99**
		Lot 100**



- ADA Accessible Parking
- Metered Parking
- Visitor Parking
- Light Rail Stations

## IMPORTANT CONFERENCE LOCATION:

Cato College of Education Address: 8838 Craver Rd, Charlotte, North Carolina 28223 (52)

Popp Martin Student Union Address: 8845 Craver Rd, Charlotte, North Carolina 28223 (69)

McMillan Greenhouse & Van Landingham Glen Botanical Gardens (37)

# Getting Around

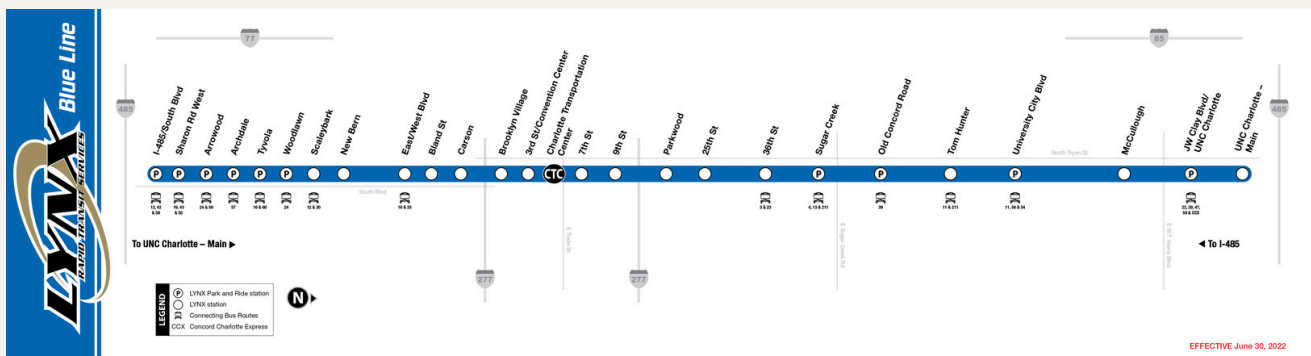
## Light Rail

The Blue Line is an 18.6-mile light rail line that opened in November 2007, offering extensive connectivity with 26 stations and stretches from Interstate 485 to UNC Charlotte's main campus. It features 11 park and ride locations, designed to facilitate easy access for commuters. The Blue Line Extension, which further enhanced the network, was introduced in March 2018, expanding service and accessibility.

Check the following links for more details:

<https://pats.charlotte.edu/transportation/light-rail/>

<https://www.charlottenc.gov/CATS/Rail/LYNX-Stations-and-Park-and-Rides>



## Lyft/Uber

Uber and Lyft are the most popular taxi booking apps in the United States. Please download one or both of them on your phone in case you need to request a ride when you visit Charlotte.



## **Transportation from Charlotte-Douglas International Airport (CLT)**

Transportation to and from CLT is easiest through car (Uber/Lyft). We do not have light rail to the airport and the Charlotte bus system is fairly difficult to navigate--there are no direct public transportation routes from the airport to the University area. We recommend either rideshares or car rental for ground transportation in and out of the airport.

### **Local Hotels and Addresses**

#### **UNC Charlotte Marriott Hotel & Conference Center**

9041 Robert D Snyder Road, Charlotte, North Carolina, USA, 28262

Tel: 704-978-8000

#### **HAMPTON INN**

8419 N. Tryon Street, Charlotte, North Carolina, USA, 28262

Tel: 704-548-0905

#### **Sonesta Select University**

333 West W.T. Harris Blvd, Charlotte, North Carolina, USA, 28262

Tel: 704-549-4888

#### **COMFORT SUITES UNIVERSITY**

7735 University City Blvd, Charlotte, NC 28213

Tel: 877-547-0049

#### **HILTON CHARLOTTE UNIVERSITY PLACE**

8629 JM Keynes Drive, Charlotte, North Carolina, USA, 28262

Tel: 704-547-7444

#### **Drury Inn**

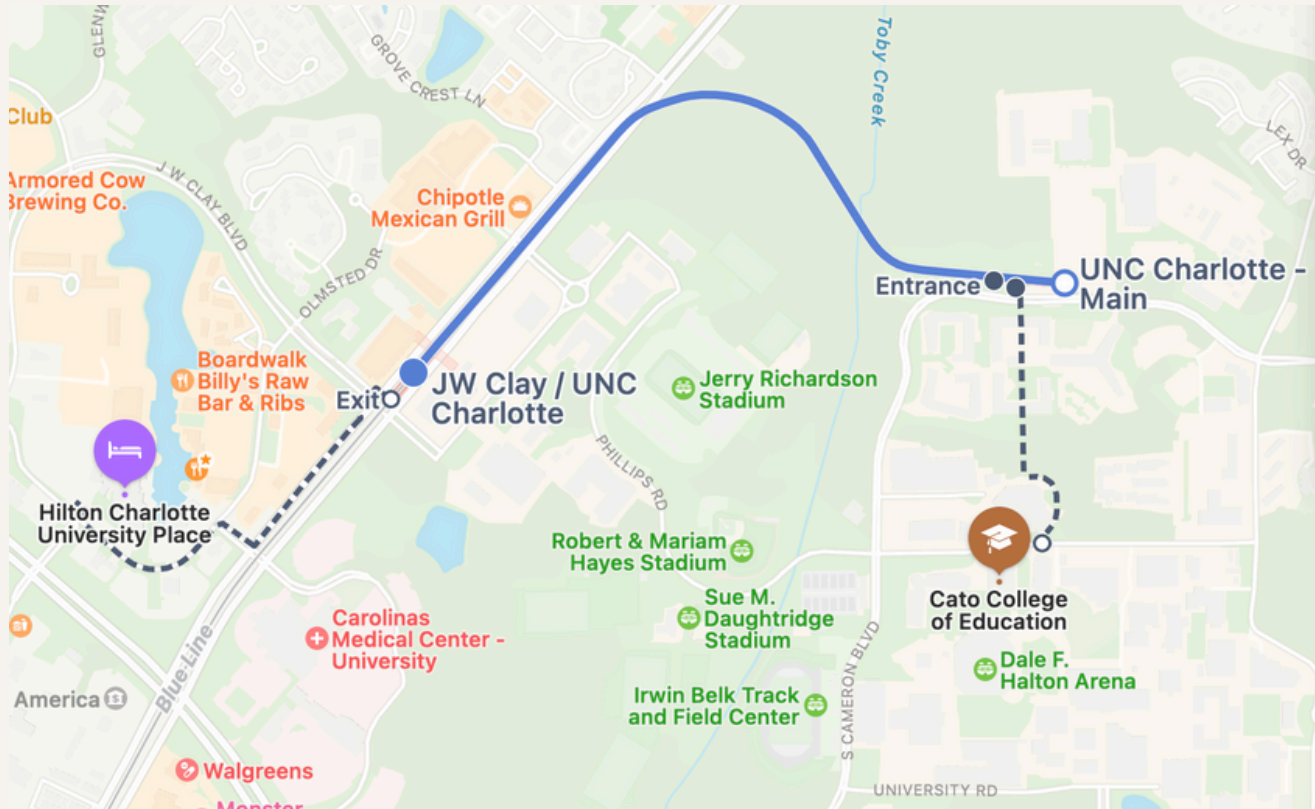
415 West W.T. Harris Blvd. Charlotte, North Carolina, USA, 28262

Tel: 704-593-0700

## From Hotel to Conference Location

If you stay at the Marriot Hotel on campus or the Hilton hotel near the university, you can walk to the STAR conference location. Below are the routes plans for you.

### Hilton Charlotte University Place - Cato College of Education



#### Walking & Train Option

10 minutes walking from Hilton Hotel to the JW Clay train station

3 minutes train from JW Clay train station to UNC Charlotte Main train station

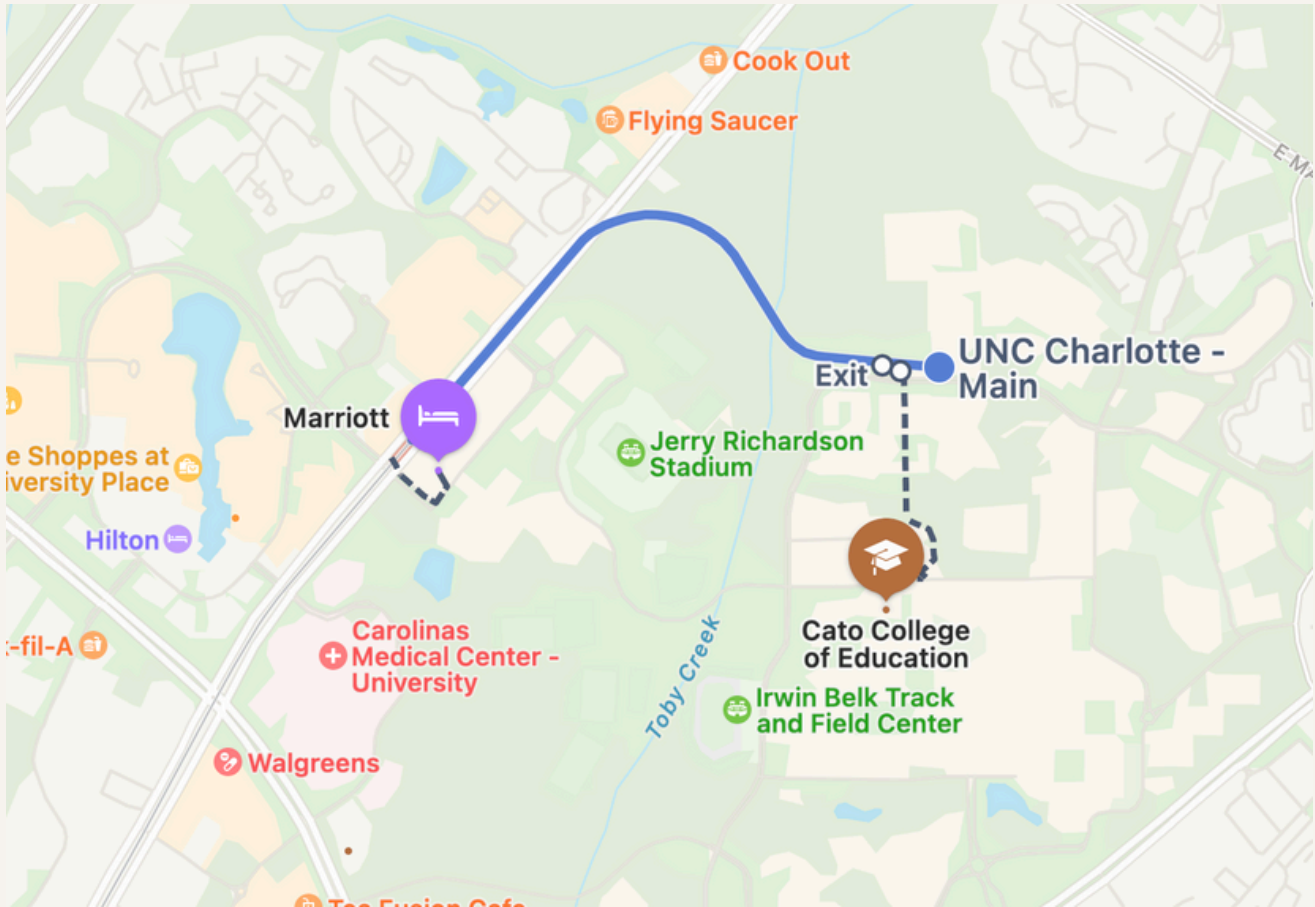
8 minutes walking from UNC Charlotte Main Station to the Cato College of Education

In total: 21 minutes

#### Taxi Option

If you prefer to take a Uber or Lyft, the price ranges between 7 US dollars to 12 dollars.

## Marriot - Cato College of Education



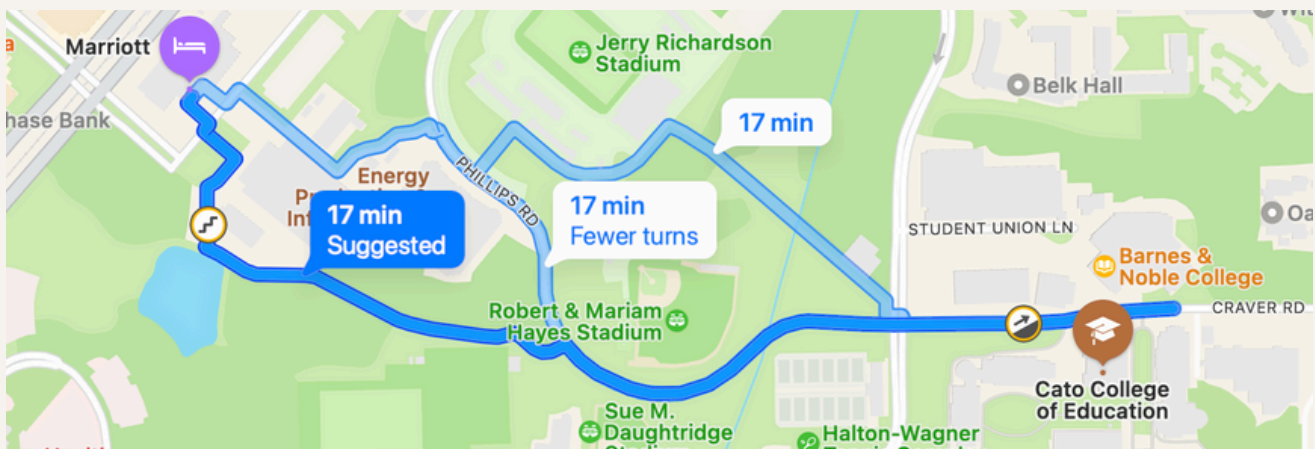
### Walking & Train Option

1 minute walking from Marriott to the JW Clay train station

3 minutes train from JW Clay train station to UNC Charlotte Main train station

8 minutes walking from UNC Charlotte Main Station to the Cato College of Education

In total: 12 minutes

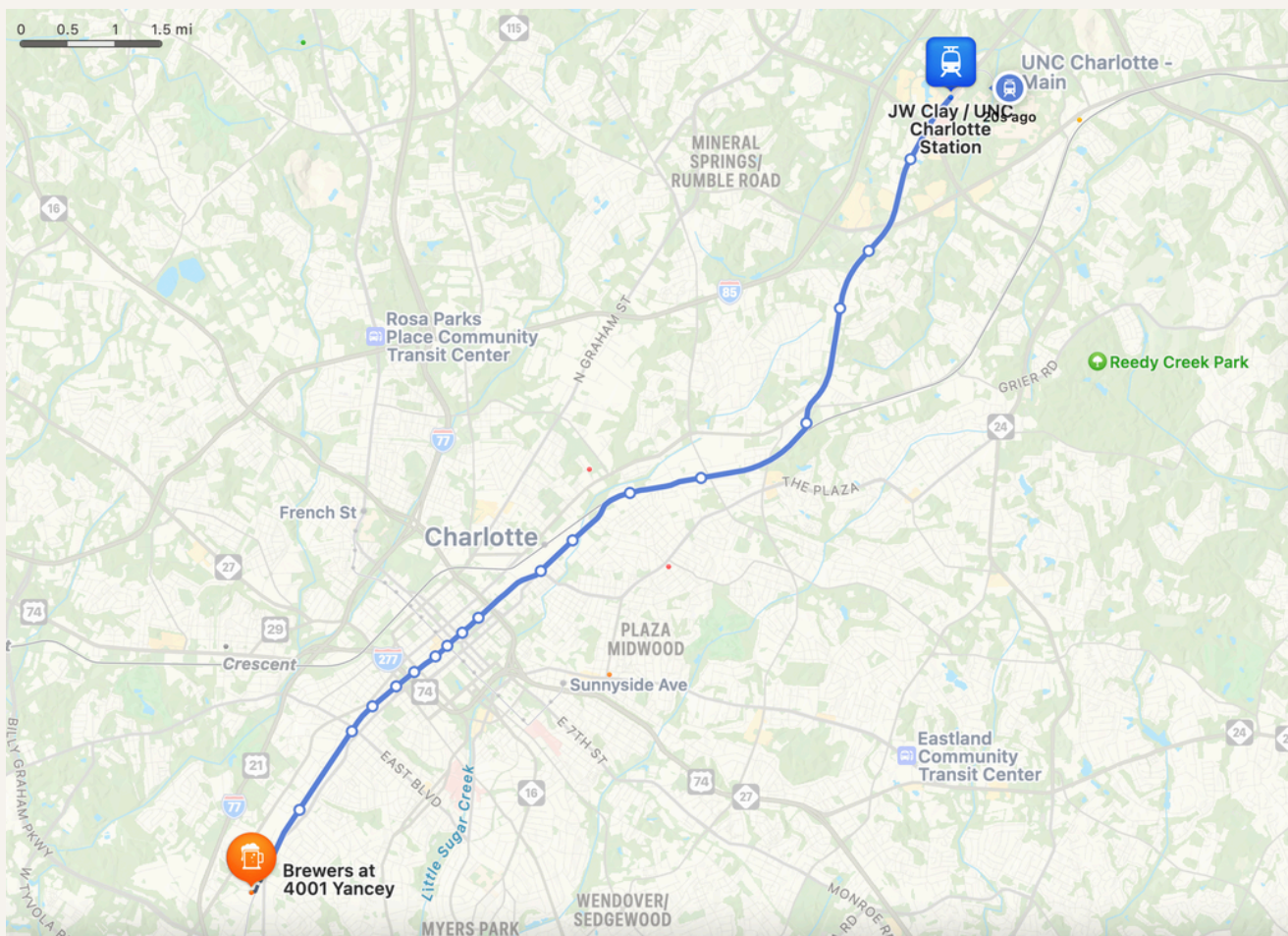


Walking Only Option: 17 minutes

## Thursday Night Dinner at Brewers at 4001 Yancey

Brewers at 4001 Yancey is built in the historic Bower's Mill building which was home to Bowers Fibers, a textile company in operation since 1946. But that's not the only piece of history about the space. The fermentation tanks are the original tanks used when Victory opened its doors in 1996. Other brewing equipment made their way down from Southern Tier in Lakewood, NY so Charlotte is truly bringing our breweries together.

### JW CLAY UNC Charlotte - Brewers at 4001 Yancey



Board the LYNX Blue Line Train at **JW Clay/UNC Charlotte Station**, ride 18 stops (43 minutes), exit train at **Scaleybark Station**.

Walk 8 minutes from Scaleybark train station to the Brewers at 4001 Yancey.

Total Time: 51 minutes

## **What to do and where to eat**

There are many wonderful restaurants in Charlotte. Lucky for us, STAR conference is during “The Queen’s Feast: Charlotte Restaurant Week.” This event offers prix fixe dining for a wide variety of cuisines. Please see the link below for more information and to make your own reservations.

We are in the University neighborhood. Neighborhoods close to the Blue Line light rail include LoSo, South End, Uptown Charlotte, and NoDa. We are a car ride from Cornelius/Huntersville/North Mecklenburg Co. We recommend this as a great way to see Charlotte!

### **Queen’s Feast Charlotte Restaurant Week:**

<https://charlotterestaurantweek.iheart.com>

### **Things to do in Charlotte:**

[https://www.charlottesgotalot.com/things-to-do?  
adara\\_campaignid=21426593653&adarapixelid=246835&gad\\_source=1&gbraid=0AA  
AAADnLei23ZbRaKzbPlCM26V5Ir9Ttt](https://www.charlottesgotalot.com/things-to-do?adara_campaignid=21426593653&adarapixelid=246835&gad_source=1&gbraid=0AA<br/>AAADnLei23ZbRaKzbPlCM26V5Ir9Ttt)