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## **Gambling problem of a case with a history of cryptocurrency and sports betting: A case study**

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The purpose of the case presentation is to address the recovery process of a client with a history of cryptocurrency and sports betting. The 39-year-old male sought assistance due to a gambling problem and associated familial issues. In the case, upon observing that the diagnostic criteria for gambling addiction align with DSM-V criteria, the South Oaks Gambling Screen Test was employed to evaluate the severity of gambling behavior. Sessions were conducted with the client utilizing Cognitive-Behavioral Therapy (CBT) and Motivational Interviewing. The involvement of the family in the process facilitated psychological support throughout the treatment period. Following the eight-month intervention, it was noted that the CBT and Motivational Interviewing-based approach significantly mitigated the client's gambling behavior. Apart from a singular instance (crypto transaction), the client refrained from participating in betting activities. In studies conducted, it is evident that the problem of pathological gambling is at a significant level in Turkey, and similarly, there is a noticeable increase in tendencies towards cryptocurrency. In this context, there is a perceived need for large-scale and long-term research.